

## West's Scrap Spurs War Work, says Eastern Steel Plant Head

Harold P. Copland, of Hull Steel Foundries, writes Government Salvage Agency Lauding Prairies Response to Drive — says Metals Blocked Shortage, Insure Steady Flow of "the Tools".

HULL, QUE., Oct. — Western metals, recently collected, will prevent many an Eastern war plant from being throttled in production, says Harold P. Copland, president of Hull Steel Foundries, Ltd., who has written Wartime Salvage, Ltd. of Ottawa, that the West merits the thanks of all Canada for its invaluable contribution to beating the Axis. Mr. Copland's letter says: "Thousands of tons of Steel scrap which you have allotted to Hull Steel Foundries, Ltd., now have reached our plant and insure full-time operation of our foundry during the entire winter ahead. "I understand this scrap was collected in a dive which your corporation staged recently throughout the Prairie Provinces. I feel I cannot allow the occasion to pass without extending to our fellow-Canadians of the West the sincere congratulations.

of Hull Steel Foundries, Ltd., upon the magnificent response they have made to your appeal for material so essential to maintaining the flow of tools to our boys and our allies.

"Beyond question, a number of war plants might well have been throttled in their production for want of raw material, if not for the timely help that came out of the West. In the case of Hull Steel Foundry, we can now guarantee for months ahead a steady supply of steel castings vital to Canada's war production.

"As one executive engaged on priority contracts, I think it only just that the people of the Prairies should be informed of the true value of the scrap they have turned over; equally, I hope all Canadians will be made appropriately aware of the invaluable contribution the West thus has made to our country's war effort.

## West Is Thanked for Scrap Metal

Hull Steel Factories Head  
Says Output Of War  
"Tools Assured"

SAVING  
is  
SERVING!

Buy WAR SAVINGS  
CERTIFICATES  
Every Week!

SPACE DONATED BY THE  
BREWING INDUSTRY OF ALBERTA

## Men of 30, 40, 50

PEP, VIM, VIGOR, Subnormal? Want normal pep, vim, vigor, vitality? Try Oxytoc, Tonic Tablets. Contains tonics, stimulants, oxygen elements—also to normal pep after 30, 40 or 50. Get a special introductory size for only 25¢. Try this aid to normal pep and vim today. For sale at all good drug stores.

## CONVERSION SURPLUS WHEAT INTO ALCOHOL, RUBBER IS ADVOCATED

### ERECTION OF DISTILLERIES IN WEST PROPOSED BY LINE ELEVATORS

"Necessity of finding new sources from which to derive essential products for successful prosecution of the war has created opportunities for expansion of the industrial utilization of Canada's surplus wheat. The Allied nations are faced with the necessity of immediately creating synthetic rubber and various forms of alcohol from products which readily lend themselves to this conversion," according to a statement issued today by the North-West Line Elevators Association.

"Wheat can be used in large quantities for manufacture of higher forms of alcohol for conversion into synthetic rubber. Wheat also is particularly suited for conversion into explosives, chemicals and high test motor fuels required by fast-moving fighting planes and bombers," the statement continues.

"More than two and one half years prior to the outbreak of war Line Elevator Companies advocated, before the Turgenev Royal Grain Inquiry Commission that the Government give practical assistance in determining the possibilities of finding additional uses for farm products. Following this the Line Elevator Companies' representative visited the principal research laboratories in the United States to make a report on the possibilities of wheat and other farm products being utilized in industrial products. This report, which was laid before the Dominion Government, indicated a field for extensive use of wheat in manufacture of motor fuel. The Government was then urged to erect experimental motor fuel plants and to establish laboratories designed to conduct research into finding new and expanded uses for wheat and other farm products.

"Canada's carryover of old crop wheat at July 31st, 1942, was 424,048,429 bushels. The 1942 crop is estimated at 537,000,000 bushels, an all-time record. The Government has indicated that it will take delivery of only 230,000,000 bushels of the 1942 prairie crop.

"When the Japanese at her front gates Australia, in July of this year, put into operation the first of four distilleries for conversion of wheat into power alcohol. When Australia's present power alcohol project is completed she will have four distilleries producing annually 12,000,000 gallons using approximately 5,000,000 bushels of wheat each year. If Australia can develop industrial uses for wheat in such a period of stress and danger as she is now passing through it should be possible for this continent to likewise find new uses for our huge surplus stocks of wheat.

"Nothing constructive is being accomplished to meet the present problem of the wheat farmer. It is true that an International Wheat Conference, in recent months, held a series of meetings. This conference was attended by representatives from Canada, Argentina, Britain, Australia and the United States. Certain conclusions were reached, to come into effect after the war.

"It is most difficult to share any opinion that an International Conference such as that held at Washington can or will have any appreciable effect on the post-war wheat situation. For any conference to be effective it must be attended by all interested nations, and particularly by those Canada and other exporting countries expect as wheat post-war customers. Such a conference is, of course, now impossible and may be for some period of time after the close of hostilities. Previous World Wheat Conferences did nothing to solve past and present wheat problems and there is little reason to expect any worthwhile results from future conferences. Importing countries have shown in the past that they will buy wheat from whence it can be most cheaply purchased," says the statement.

"Importing countries frowned on the attempts made by wheat exporting countries to dictate wheat prices in the decade following the Great War. These attempts added to their desire for self-sufficiency in production of foodstuffs. Both man and nation will resist price dictation and monopoly in the necessities of life. No wheat exporting nation or combination of wheat exporting nations, could long maintain a price cartel on wheat which would prove satisfactory to both producer and consumer. The interests of these two opposing factions are too remote to hope that any International Council, regardless of how powerful, could fix a price which would result in Canada maintaining

The Ladies Card Club  
The Ladies Card Club met Tuesday evening at the home of Mrs. Lee, honours were shared by Mrs. W. Gallaughier and Mrs. A. S. Nicholson. week at the home of Mrs. J. Aitken.

her role as the breadbasket of the world. Argentina demonstrated during the term of the last World Wheat Agreement that export quotas mean little or nothing when a country has a commodity on its shelves that its farm population has produced and must sell.

"Expanded Markets Is Solution  
"The position taken by the Line Elevator Companies, prior to the War, was that solution of the wheat problem lay in expanding existing markets; locating new and profitable markets and uses for wheat and return to free international exchange of goods, rather than restricting production and placing quotas on sales of wheat abroad. That still is the policy of the Line Elevator Companies. In the return to free international exchange of goods, as soon as possible after the War, lies the real hope of the wheat farmer. Meanwhile every possible avenue of expanding uses for wheat must be developed.

"Wheat farmers have met the demands of the Federal government in reducing wheat acreage. The Canadian Wheat Board, by law, is permitted to accept delivery of only 250,000,000 bushels of the 1942 crop. What will the farmers do with the balance of the 1942 crop? That balance will amount to approximately 247,000,000 bushels.

"Canada and her Allies need high test motor fuels for their fighting airplanes. The higher forms of alcohol are also needed for synthetic rubber and alcohol in greater quantities than are now being produced. These necessary supplies can be obtained from wheat which is turned into various forms of alcohol such as ethyl alcohol, butyl alcohol and lactic acid which in turn can be converted into rubber.

"Distilleries Needed in West  
"Unfortunately the Line Elevator Companies were not successful, prior to the War, and in the early War years, in having the Government adopt plans for the erection of distilleries for the conversion of wheat into alcohol. At that time it was more simple to let wheat be used for animal and later required for the erection of the necessary plants for converting wheat into alcohol. The Government, a few days ago announced that from November 1st the output of all distilleries will be directed to the manufacture of commodities required in the production of synthetic rubber and chemical and explosive needs of the Allies. To adequately meet the situation action should be taken to determine the feasibility of erecting distillery plants at strategic points throughout the West for War purposes and in which wheat would be converted into alcohol required in the manufacture of synthetic rubber and into high test motor fuels for airplanes. The placing of these plants at central points in the Western wheat area would to that extent release railway equipment and lake vessels for other War uses instead of hauling such grain from the prairies to Eastern Canada.

"In addition, the large cane sugar refineries located on the east and west coasts might be converted for use in manufacturing wheat into alcohols for War purposes. There is difficulty now in importing sugar cane and Canada is approaching the stage where she will be dependent for sugar on domestic sugar beets. This development would have the same refineries with no useful function. The best sugar factories can operate only four months of the year in extracting sugar from beets. The reason for this is that the sugar content in beets drops rapidly three or four months after they are harvested. Possibility of using the five large beet sugar factories located in Manitoba, Alberta and Ontario for utilizing surplus wheat in our War machine during the remaining eight months of the year should be studied.

"Large scale utilization of wheat for industrial and war purposes would enable the government to increase its purchase of wheat from farmers beyond the 230,000,000 bushels which it now proposes to accept.

"While valuable time has been lost it is still not too late for the Federal Department of Agriculture to lead the way in finding a solution for the surplus wheat problem. Reducing wheat acreage is no solution for the areas of Western Canada which are suited only to growing wheat. Neither are export wheat quotas the solution. Expanded uses now is the need," the statement concludes.

## Special For The Week

Red Hill choice Tomatoes 2 1-2's per tin	16c
Rice Choice quality 2 lbs	27c
Broaders Pumpkin per 16 oz tin	10c
Swifts Silvery Brand Lard 2 lbs	29c
Barryland choice Apricots 2 tins	33c
Berryland quality Peaches 2 tins	33c
Swifts Jewel Brand shortening per lb	16c

When buying Sugar don't forget to bring your sugar ration coupons, as they are necessary even when obtaining sugar for preserving

## BANNER HARDWARE AND GROCERY

## IMPORTANT ORDER REPAIRS NOW

Check All Your Farm Equipment Because Repair Parts are difficult to get and getting more difficult as time goes on. If you leave your ordering until spring, chances are you will be disappointed.

DON'T DELAY  
Ask Your Dealer For  
I. H. C. & John Deere

## COOLEY BROS.

Chinook, Alta.

Phone 10

## Chinook Hotel

Try Our Meals

GOOD ROOMS

W.H. Barros

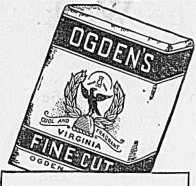
Prop.



## A FAMOUS BRAND

# Ogden's

FINE CUT



In the early '90's, when J. H. Wallace drove a herd of cattle up into Alberta from Idaho and started the now famous Wallace Ranch, the "HAT" Brand was his identification. The brand is still in use by Ross Ranches, at Aden, Alberta.

"HAT" Brand of the WALLACE RANCH



## Popular Program

Bill Hay, Announcer Of Amos 'n' Andy, Now Reads The Bible  
It all started as a summer "filler" for Amos 'n' Andy way back in 1928, but today it's a regular program. "Bill Hay Reads The Bible" gives promise of carrying him to even greater popularity than he enjoyed in the past.

Bill Hay had been Amos 'n' Andy's announcer ever since they started on the air as Sam and Henry in 1925. During the blackface pair's only vacation in 1928, Bill Hay filled in by reading from the Bible. It was so popular that he continued to read from the "good book" for seven years. Then in 1935 Amos 'n' Andy's sponsor forbade anyone on the program from being identified with any other show. So Bill discontinued his reading.

Up until early this year, Bill had been receiving fan mail with most pleas stating, "I hope you'll begin reading the Bible again, Mr. Hay." When Bill was relieved of his Amos 'n' Andy chores early last year he returned to reading the Bible for his radio friends over the Mutual Broadcasting System's coast-to-coast network and the mail is pouring in once again.

Buy War Savings Certificates.

## The Individual Citizen's Army

A Weekly Column About This And That In Our Canadian Army.  
By Alan Maurice Irwin

Not very much has appeared in these columns about the Army Pay Corps which organization, of course, performs one of the most important functions in the Individual Citizen's Army; and in this case when I say individual citizen's army I mean the army of fighting Canadians of all ages who probably bear the word "Canada" on their shoulders.

The charge is sometimes leveled that the headquarters organizations fight "a paper war." Too little consideration is given to the inescapable documentation that must be done in order that men may be enlisted, equipped, outfitted, fed, housed, paid, transported and supplied once they are part of the army.

Too often we take it entirely for granted that a man's pay will reach him no matter on what front he serves; that his assigned pay, separation allowance and dependent allowance will be paid regularly regardless of how often the family moves or how often he moves.

It must be remembered too, that that other Individual Citizen's Army, taxpayers like you and me, are entitled to get an accounting of all the moneys that are spent for us by our government.

Today there are hundreds of thousands of Johnny Canucks in khaki each getting his \$13.30 a day—or more according to their rank—and the translation of these individual sums into Battalions, Brigades, Divisions, Army Corps and Armies, calls for the operation of an accounting system that might well be expected to stagger even a civilian merchant prince.

That, very briefly, is a sketch of some of the work of the Royal Canadian Army Pay Corps. It is not by any means the full picture—there are such things for instance as advances of pay to men going on leave, deductions to be made from pay for carelessly lost or mislaid equipment, stoppages of pay occasioned by necessary punishment and the provision of monetary allowances in lieu of ration and quarters, when a soldier is detailed to a job of work which doesn't permit him to live in barracks.

None of this can be done without "a paper war" and most of it is done by men who would be much more highly paid doing the same type of work in their peaceable occupations.

Amongst the list of items to be attended to by the Pay Corps, you will remember I listed "assigned pay." Every married man must, and every single man is encouraged to, assign a proportion of his pay to his wife or his next of kin. Fathers and mothers of improprietous youngsters will thoroughly appreciate the wisdom of such a regulation—in fact most of them have tried to do the same thing with varying degrees of success.

It would be well for all of us to practice a similar regulation upon ourselves, and right now, through the regulations of the Wartime Prices and Trade Board, we are actually beginning to practice as sensible a system of economics as that imposed upon the soldiers who defend us on the far-flung frontiers of the fight for civilization.

In the lush years we cheerfully mortgaged our pay, sometimes for months and years in advance, to pamper ourselves with such luxuries as automobiles, washing machines, radios, pianos, chesterfield suites, furniture for our bedrooms and a hundred other things that in a more spartan existence we can very well do without or simply.

Today under the consumer credit regulations such mortgaging is on a sounder economic basis, down payments must be greater, the balance which is paid by instalments must be cleared more quickly—with the result that much more of the money in our pay cheques is our own.

This is just another form of the assigned pay of the soldier and is one way in which by approximating his conditions we may feel closer to him in the carrying on of our own job of war work—which is to support in every possible way the man in uniform.

A few days ago in Montreal there

**SOLDIERS RUB OUT TIRED ACES**

HEAT SARGE YOUR MINARD'S RUB OUT TIRED ACES

MINARD'S RUB OUT TIRED ACES



THE OGILVIE FLOUR MILLS COMPANY LIMITED

You'll eat porridge because you LIKE it

WHEN IT'S MADE WITH OGILVIE OATS

If it's 'Ogilvie'—it's good!

was an excellent example of the civilian equivalent of "pay deduction" when three firms engaged in the business of selling goods on the installment plan were convicted of violations of the consumer credit regulations of the Wartime Prices and Trade Board.

Each was fined sums ranging from \$300 down to \$100 plus the payment of costs—sums not great enough to hurt the pockets of the accused firms, but none the less a deduction of their pay which formed part of the greater punishment afforded by the publicity that was given to their violation of rules that have been established for the benefit of the whole of Canada.

As time goes on there is little doubt that the fight against inflation—both present and post-war—will put those of us who serve in the Individual Citizen's Army on the home front much closer to parity with the soldiers in battle-dress. Let's hope we can serve as cheerfully as they do, regardless of what our "pay corps" is compelled to do to us.

## AIR TRAINING PLAN

## LIST OF GRADUATES

The following students graduated under the British Commonwealth Air Training Plan from:

No. 4 Services Flying Training School, Saskatoon, Sask. (Pilot)—  
LAC. E. W. Brooks, Grant College, Sask.  
LAC. T. R. Currie, Strathburg, Sask.  
LAC. J. M. Cullen, Edmonton, Alta.  
LAC. R. L. Chalmers, Saskatoon, Sask.  
LAC. A. Currie, Guelph, Ont.  
LAC. R. Dubeau, Coleraine, Sask.  
LAC. J. Whittier, Winnipeg, Man.  
LAC. J. M. Fraser, Regina, Sask.  
LAC. R. Forrester, Brampton, Ont.  
LAC. H. A. Platen, Yorkton, Sask.  
LAC. G. G. Gruener, Graveland, Alta.  
LAC. D. K. Hume, Saskatoon, Sask.  
LAC. G. A. Griffith, Saskatoon, Sask.  
LAC. J. R. Hudson, Winnipeg, Man.  
LAC. L. R. Hume, Saskatoon, Sask.  
LAC. P. T. Higgins, Melton, Ont.  
LAC. D. K. Hume, Saskatoon, Sask.  
LAC. R. J. Keefe, Sharnbrook, Sask.  
LAC. L. E. Hume, Saskatoon, Sask.  
LAC. C. Leyland, Peterborough, Ont.  
LAC. R. E. McKenzie, Regina, Sask.  
LAC. R. W. McKenzie, Estlin, Alta.  
LAC. K. P. Morrison, Winnipeg, Man.  
LAC. D. R. McNeil, Edmonton, Alta.  
LAC. G. A. McNeil, Winnipeg, Man.  
LAC. D. McNeil, Edmonton, Alta.  
LAC. D. Moore, N. Battleford, Sask.  
LAC. G. H. Macdonald, Regina, Sask.  
LAC. M. B. Nelson, Hanover, Ont.  
LAC. H. B. Nelson, Moose Jaw, Sask.  
LAC. C. J. Hume, Saskatoon, Sask.  
LAC. V. Smith, Hume, Sask.  
LAC. H. Shirley, Hume, Sask.  
LAC. D. A. Thornton, Calgary, Alta.  
LAC. J. T. Hume, Saskatoon, Sask.  
LAC. W. H. K. Wilton, Saskatoon, Sask.  
LAC. E. W. Hume, Saskatoon, Sask.  
LAC. G. V. Wright, Saskatoon, Sask.  
LAC. J. F. Wood, Hume, Sask.  
LAC. R. M. Young, Winnipeg, Man.

No. 3 Bombing and Gunnery School, Macdonald, Man. (Air Gunners)—

LAC. B. H. Oakley, Middlechurch, Man.  
LAC. A. Dickering, Seaside, Alta.  
LAC. N. W. Roberts, Winnipeg, Man.  
LAC. C. Nelson, Simpson, Sask.  
LAC. C. W. Smith, Regina, Alta.  
LAC. J. A. Alberts, Emerson, Man.  
LAC. R. M. Church, Dufferin, Ont.  
LAC. R. DeCorby, St. Lazare, Man.  
LAC. J. Filmer, Leithbridge, Alta.  
LAC. W. Kwanay, Teulon, Man.  
LAC. R. W. Norton, Winnipeg, Man.  
LAC. J. G. O'Dell, Weyburn, Alta.  
LAC. P. D. Roberts, Newwood, Man.  
LAC. L. Backham, Calgary, Alta.  
LAC. G. D. Tremblay, Elm Creek, Man.

## GEMS OF THOUGHT

## PRIDE

Pride, the most dangerous of all faults, proceeds from want of sense, or want of thought.—Dillon.

Pride is to the character, like the attic to the house—the highest part, and generally the most empty.—John Gay.

Pride is seldom delicate; it will please itself with very mean advantages.—Samuel Johnson.

Pride is ignorance; those assume most who have the least wisdom or experience; and they steal from their neighbor, because they have so little of their own.—Mary Baker Eddy.

Men are sometimes accused of pride merely because their accusers would be proud themselves if they were in their places.—Shenstone.

If a man has a right to be proud of anything, it is of a good action done as it ought to be, without any base interest lurking at the bottom of it.—Sterne.

## Returns To London

Lady Baden-Powell Wants Girl Guides To Increase War Work

Lady Baden-Powell, co-founder and world chief of the Girl Guides, has returned to London from Kenya for the duration of the war.

"I came home because I felt I must be in England in the centre of activity," she said. "I do not mind danger—in fact I like it. My idea is to urge the Girl Guides in this country to do even more wonderful work than they are doing now."

Lady Baden-Powell wore her Girl Guide uniform and medal ribbons, including the C.B.E. and the White Rose of Finland.

Lord Baden-Powell, founder of the Boy Scout and Girl Guide movement, died in his eighty-third year in Kenya, East Africa, Jan. 8, 1941, and was buried there. Lady Baden-Powell has resided there since.

## ONE OF THE OLDEST PLANTS

The mangel appears to be one of the oldest of cultivated crops and at least can be traced back to 2000 B.C. An old plate found in an Egyptian tomb represents a laborer placing a large root or mangel on a table as a sacrifice.

To maintain health about 2,000 cubic feet of air is required every hour.

## Taking Moose's Head

Canadian Air Squadron Solves Problem For Executors Of Estate

One of Whitehall's biggest ornaments is to be moved. It is a moose's head, weighing, The Rally says, half a ton, and carrying a six feet span of antlers. It belonged to the late Dr. H. Lightstone, a Canadian, who was formerly Director General of the British Ministry of Pensions Medical Services, and for years occupied a considerable part of his room. Recently a Canadian air squadron decided they must have a moose head for their headquarters. They advertised: get in touch with Dr. Lightstone's executors, and are now relieving the Ministry of what had become a very large white elephant.

## REMEMBER THIS

If you're caught in quicksand, don't thrash about. Scientists say you should stand still, keep your arms outstretched, and you'll quit sinking when you're almost up to your armpits.

TO EASE MISERY OF CHILD'S COLD RUB ON VICKS VAPORUB

**Para-Sani**

HEAVY WAXED PAPER

... saves and protects your food ... keeps lunches fresh and more enjoyable ...

## A HOUSEHOLD NECESSITY

THE LUNCHES YOU PACK, WILL ARRIVE AT THE OFFICE, SCHOOL OR PICNIC JUST AS FRESH AND MOIST AS WHEN YOU PREPARED THEM.

LUNCHES PREPARED AT NIGHT WILL BE JUST AS FRESH AND MOIST THE NEXT DAY, IF WRAPPED IN PARA-SANI WAXED PAPER.

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## The Victory Loan

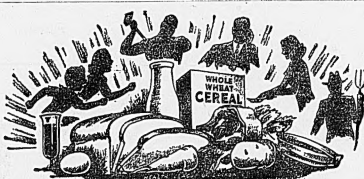
CANADA'S forthcoming Victory Loan has an objective of \$750,000,000. This is the largest sum yet sought in a drive of this kind, and it comes as a challenge which we must meet successfully. To give financial support to the war effort we are all doing without many of the luxuries to which we are accustomed in times of peace. We are asked now to deny ourselves still further, and to lend our money to the government to the fullest possible extent. It is only in this way that the loan can be the success which every Canadian wants it to be. Because of the war, we find we must deny ourselves in many ways, but we have not yet had to give up our freedom. When we compare our lot with that of the people in the occupied countries, we know that our freedom is worth much more than we here in Canada have yet been asked to pay.

## Pay With Their Lives

The men in our armed services are willing to pay for freedom with their lives, and many of them have done so already. They have left their work and their homes to go out and fight for us. Our sailors and airmen, in their hazardous undertakings, and our soldiers who stormed Dieppe, are not complaining of the many hardships they must endure. They are anxious to bring the war to a successful end, and they are putting other things aside until that is accomplished. Because of them we in Canada are able to go out and fight for us. Our sailors and airmen, in their hazardous undertakings, and our soldiers who stormed Dieppe, are not complaining of the many hardships they must endure. They are anxious to bring the war to a successful end, and they are putting other things aside until that is accomplished. Because of them we in Canada are able to go out and fight for us.

## Need Is Increased

Mr. G. W. Spinney, chairman of the National War Finance Committee, which organizes the loan campaigns, said: "The challenge and the opportunity presented to the Canadian people at this time in the form of the third victory loan may well prove to be a matter of consequence in the winning of the war. Canadian people have responded with alacrity in the past when the need was pointed out. That need now is increased to the degree that every thought, every effort and every penny must be devoted to ensuring the success of the forthcoming loan." All the loans launched by the government during this war have been considerably oversubscribed and Canadians have shown themselves eager to help in this way. The present loan is the largest yet undertaken, the first and second victory loans having had as their objective \$600,000,000. As these were oversubscribed, so will we pour our resources into this one as a proof of our faith in the principles for which we are fighting.



Canadians are not a race of vegetarians. But if we can't buy meat as we have been used to do, some adjustment will have to be made. Some communities have already felt the pinch of the meat shortage. If yours hasn't felt it yet it will soon. So start thinking about it now.

Men and women on tough jobs need meat. Meat is a tissue builder and tissue replacer. No substitute for such people is "just as good." Therefore if you have a dock hand in your home, a farm hand, a war worker in munitions plant who is doing hard physical labour, give him or her what meat you can get.

Remember that the housewife has a tough job, a difficult job, but she does not burn up the protein calories that a shipbuilder does. Housewives, people working at sedentary jobs, nearly all children, can get their protein requirements from milk, cheese, eggs, beans and nuts. For a limited period that is absolutely true. Over an extended period it remains comparatively true. Let your war worker on a strenuous physical job, have the meat. He needs it.

Of course, we all need meat, Bernard Shaw to the contrary. So sometimes when you can get it, give the whole family a treat. Meat pie, where the meat is supplemented by well cooked potatoes and covered with flaky pastry crust goes much further than the same meat cooked by itself. Try rolling sausages in pastry crust and baking them. Two will take the place of four.

And here's a tip ... we're shipping hams and bacon to Great Britain who needs them desperately. Did you know that that leaves us with a tremendous surplus of pork liver and kidney? So, instead of ordering a ham why not make a pork kidney pie. It is actually much more nutritious than the ham you can't have.

And here's a recipe for liver loaf that your family will like even if they think they can't eat liver.

## LIVER LOAF

- 1 lb pork liver
- 2 cups bread crumbs
- 1 medium onion.
- 1/2 cup tomato juice or vegetable juice
- 1 teaspoon salt

Put liver through the meat grinder. Add bread crumbs, onion, tomato juice and salt. Put in greased baking pan and place in pan containing warm water. Bake slowly 30 to 40 minutes.

Send a post card request to the Western Division Health League of Canada, 111 Avenue Road, Toronto, Ont., for our free up to date Vitamin Chart.



**HEED THIS ADVICE!!**  
If you're cross, restless, **NERVOUS**—suffer hot flashes, dizziness—caused by this period in a woman's life—try Lydia E. Pinkham's Vegetable Compound. Made especially for women. Hundreds of thousands remarkably helped. Follow label directions. Made in Canada.

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Confectionary  
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Table, three leaves.  
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Any Kind  
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PIANO—Solid Oak Case  
in excellent condition  
Bargain Price.  
Apply to Advance Office

**Chinook United Church**

Rev. R. W. French, B. A.

Service will be held in the  
United Church every Sunday  
11:45 a.m.  
School Sunday 10:30 a.m.

The local Committee for  
THE THIRD WAR LOAN  
is composed of Mr. E. H.  
Targett and Mr. W. S. Warren.  
When you are solicited buy  
all the bonds you can, but  
don't wait to be solicited. See  
this committee first and give  
your order, for Nothing  
Matters now but victory.

Mr. Bob Proudfoot is attending  
the Alberta University  
this year at Edmonton.

Miss Lena Zawasky who is  
attending Normal School at  
Calgary spent the Thanks-  
giving holiday at the home of  
her parents, Mr. and Mrs. W.  
Zawasky.

Miss Jean Damsgard left for  
Dumfries Sunday morning  
to visit with her sister, Mrs. L.  
Hohlen.

Mr. and Mrs. E. H. Targett  
were Calgary visitors on Tues-  
day.

**Xmas Parcels  
For Overseas**

Those who contributed to  
the Red Cross funds for Christmas  
parcels for the local  
boys overseas and with the  
Navy will be glad to know  
that \$42.10 was collected. The  
parcels were put up by the  
ladies of the Friendly Circle  
(and except for two exceptions  
have now been despatched).  
Those receiving parcels are:  
Mr. G. A. Gilbertson, Mr. E.  
Gilbertson, Mr. A. S. Nicholson,  
Mr. J. F. Damsgard, Mr.  
Oskar Olesund. Parcels for  
Capt. Gallagher and A. B.  
Geo. Anderson are at present  
held over. The approximate  
contents of each parcel was as  
follows: 1 Flashlight and four

batteries, 1 tin tobacco, 2 pkts  
cigarette papers, 3 pkts gum,  
1 large bar chocolate, 1 lb pkt.  
peanut brittle, 1 1/2 lb fruit  
cake, 1 pkt. dates, 1 tin prem,  
1 pocket comb, 1 cake toilet  
soap, 1 pkt. flints, 1 tube shaving  
cream, 1 pkt. Gillette  
blades, 1 pencil and peanuts.

A suitable Christmas letter  
has been mailed to each of the  
recipients.

Mr. Targett and Mr. Warren  
Chinook representatives for  
the sale of the third Victory  
Loan which begins next week  
attended a meeting of canvass-  
ers at Youngstown on Thurs-  
day evening. An address by  
Mr. Doran of Calgary, cover-  
ing the new Loan was of  
great interest to those present.  
Moving pictures of the  
bombing of London and the  
battle of Dieppe were also

show, which brought home  
to those present the horrors  
and suffering of the people of  
Britain and occupied countries  
enduring, also the courage  
and spirit of our Canadian  
boys who are serving overseas.  
We trust the residents of  
Chinook and District will do  
their utmost to back up their  
efforts by buying the new  
Bonds. As nothing matters  
now but VICTORY.  
Call at the C. N. R. or the  
Post Office for your Bonds.

**You're Right — FARMING IS A GAMBLE**

FOR  
EXAMPLE

Hail  
Rust  
Frost  
Drought  
Grasshoppers  
Beet Web Worm  
Wheatstem Saw Fly

PLUS

"Ceiling" Prices  
Low Wool Returns  
Price fluctuations  
Fingered elevators  
Limited wheat market  
Embargo on hog exports  
U.S. cattle market closed

AND  
Labor Shortage  
More school taxes  
No new machinery  
Higher land taxation  
No farm wage "ceiling"  
Farm truck regulations  
Rising production costs

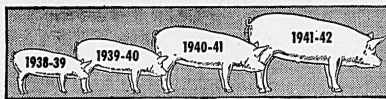
**BUT** more than 40,000 Alberta farm men have joined our Armed Services  
**THEIR Gamble Is Against DEATH and INJURY**  
Despite our Difficulties at Home  
Let's Back Them . . . by

**BUYING THIRD VICTORY LOAN BONDS**  
If you cannot buy bonds for cash, or by instalments, ask for details of the  
**VICTORY TICKET PLAN**

NATIONAL WAR FINANCE COMMITTEE

**Canadian Farmers: you have done well!  
WARTIME PRODUCTION IS STILL GROWING!****HOGS**

During the last  
four years (Sept. 1  
to Aug. 31) —



You produced\*  
of this amount . . .

1 Exports to our Allies (mainly to Britain.)	170 MILLIONS	300 MILLIONS	485 MILLIONS	556 MILLIONS
2 Remaining for consumption in Canada.**	226 MILLIONS	251 MILLIONS	274 MILLIONS	282 MILLIONS

\* Inspected slaughter. Does not include pork products used on farms or sold direct from farms to consumers, small butcher shops, etc.

\*\* Including army camps, ship stores, and general retail distribution.

The people of Britain want 20% more in the next twelve months than they obtained the last, and at the same time Canadians want more.

**CATTLE**

During the last  
four years (Sept. 1  
to Aug. 31) —



You produced\*  
of this amount . . .

1 Exports to our Allies (mainly to the U.S.A.)	102 MILLIONS	72 MILLIONS	86 MILLIONS	128 MILLIONS
2 Remaining for consumption in Canada.**	400 MILLIONS	410 MILLIONS	448 MILLIONS	482 MILLIONS

\* Inspected slaughter plus exports (dressed weight basis). Does not include beef used on farms or sold direct from farms to consumers, small butcher shops, etc.

\*\* Including army camps, ship stores, and general retail distribution.

The United States will take your surplus cattle and at the same time Canadian consumers want more.

MR. FARMER: You have increased your Pork Production by 119 per cent. You have increased your Beef Production by 20 per cent. You fed all the grain you had last year. There is more feed grain in Canada this year than can be fed. There is a market for all the hogs and cattle that you can feed this year. Average prices for hogs and cattle during the coming year will be higher than the average for the past year. We know that you will continue to produce all you can. Your splendid war effort is appreciated by Canada and the United Nations.

DOMINION DEPARTMENT OF AGRICULTURE, OTTAWA  
Honourable James G. Gardiner, Minister

Miss Florence Barros and two nieces, Ruth and Ina Bangs spent the week end and Thanksgiving holiday in Edmonton.

Mr. and Mrs. Lawson of Dumfries were visitors at the home of Mrs. Milligan on Saturday.

Mrs. J. C. Bayley was a Calgary week end visitor, returning Tuesday morning.

Mrs. M. C. Nicholson attended the annual Press Convention, held in the Palliser Hotel, Calgary last Friday and Saturday.

Mr. and Mrs. Chas Brown and family of Hartell, Alta., spent the Thanksgiving holidays at the home of Mr. and Mrs. W. Wilson.

On Wednesday afternoon, what might have been a very serious Prairie fire, near the Correction Line south of Chinook, was adverted by the good work of men by farmers assisted by some of the residents of Chinook whose combined efforts soon had the fire under control, before much damage was done.

**Men of 30, 40, 50**

PEP, VIM, VIGOR, Subnormal? Want normal pep, vim, vigor, vitality? Try Oatex Tonic Tablets. Contains tonics, stimulants, oxygen elements—aid to normal pep after 30, 40 or 50. Get a special introductory size for only 36¢. Try this aid to normal pep and vim today. For sale at all good drug stores.

YOU GET  
**Maximum Returns**  
ON YOUR GRAIN AT  
**ALBERTA PACIFIC ELEVATORS**

**Enlist Now!**

**BREAD INSURANCE**  
FOR  
**ONLY 2¢ PER CAKE**

**ROYAL YEAST CAKES**

**FULL STRENGTH DEPENDABLE IN THE AIRTIGHT WRAPPER**